



IsaDelight™
HAPPY CHOCOLATES THAT SATISFY

IsaDelight™
Your Luscious Cleanse Day Treat



**Indulge Yourself on the
Days You Deserve It Most!**

Cleanse Days Feel Even Better!

IsaDelight™ is the ideal Cleanse Day reward. Its powerful nutrients and rich taste will help you resist even the strongest cravings to strengthen your will to cleanse.



And, one IsaDelight™ morsel is just 40 calories! Amino acids, minerals and Vitamin B blend with quality dark chocolate may help lift mood, promote brain health, improve energy and satisfy cravings for the long run.*

Try IsaDelight™ on Cleanse Days—or any day—to reduce stubborn cravings or just to treat yourself. **You deserve it.**



IsaDelight™ Tames Emotional Eating Triggers

Experts believe emotional eaters have the hardest time managing weight. The urge to calm powerful emotions with food overrides control, resulting in unrestrained eating.

According to MayoClinic.com, “When you eat enticing foods, such as chocolate, your body releases trace amounts of mood- and satisfaction-elevating hormones.” In addition, “... the pleasure of eating offsets negative emotions.”

Choose IsaDelight™ to stop the urge to overeat. They're low in calories (only 40!) and have a rich chocolate taste that helps satisfy cravings triggered by strong emotions.*



IsaDelight™—Improving on Nature’s Most Delicious Super-Food

Chocolate has tremendous health benefits. The powerful antioxidants in dark chocolate help protect the body from damaging free-radicals. And—it tastes great.



Isagenix® has ingeniously combined amino acids with quality dark chocolate to enhance chocolate’s natural health benefits. Together, these nutrients may help create incredible, unique benefits you won’t receive from other chocolate.

You may feel that your cravings are satisfied for hours and your mood has elevated. And, there are benefits you won’t feel but are very important—IsaDelight™ may even help support your brain health, too!*

The Magic Is in Our Amino Acid Blend

The primary amino acid in IsaDelight™ is dl-phenylalanine. This important amino acid helps strengthen the benefits from IsaDelight's other nutrients, so you'll notice them long-term!

Together our amino acid blend may encourage natural production of mood-elevating brain chemicals. In addition, these amino acids help:

- Support long-term brain health*
- Can help satisfy appetite*
- May help you lose weight*.

Chocolate may help the body resist emotional eating triggers. This can help change behaviors that could lead to overeating and weight gain.



People Are Excited About IsaDelight™!

"With IsaDelight, I can complete my Cleanse Days with ease. No more cravings, I am not hungry and I feel great all day long! It's amazing that I get to eat chocolate and not put on weight. Thank you, thank you, thank you."

Carolyn R. - Ontario, Canada



"I started using IsaDelight on a Pre-Cleanse Day, then used it on a Cleanse Day. It was by far the easiest Cleanse Day I've ever had!"

Kirk M. - Nevada

"We've been looking for a product like this for a long time! I'm proud to recommend IsaDelight which helps reduce appetite, protects brain health, boosts energy and mood in a great-tasting chocolate package."

Bill Wheeler, Ph.D., ACSM

The creator of IsaDelight™, Paul Anderson M.D., is the Founder and CEO of Natural Pain Relief Centers in California. Dr. Anderson's extensive research and experience has made him a leading expert in natural pain relief.



IsaDelight™ was created out of Dr. Anderson's desire to help as many people as possible achieve optimum health. He developed the "Happy Chocolates that Satisfy™" to help enhance mood, burn fat and assist with effective appetite control.*

Frequently Asked Questions

How many should I take?

Take up to four daily, as needed. For best results, allow IsaDelight™ to melt in your mouth.

When is the best time to take IsaDelight™?

On Cleanse Days, take IsaDelight™ at least 15 minutes before *Snacks!*™ On Shake Days, take IsaDelight™ at least two hours after shakes or meals since IsaDelight™ helps energize the body, it's best to not take after 6 p.m. or with caffeinated drinks.

Who shouldn't take IsaDelight™?

IsaDelight™ is not recommended for children or for women who are pregnant, nursing or anticipating pregnancy. This product should not be taken with MAOIs. Phenylketonurics: Contains phenylalanine. If you have high blood pressure, are on medication or have any medical condition, please consult a healthcare professional before using. IsaDelight™ is manufactured in a facility that also produces products containing milk, soy, peanut and tree nut ingredients.





* The statements in this publication have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

Note: if you are pregnant, nursing, diabetic, on medications have a medical condition, or are beginning a weight control program, consult your physician before using Isagenix products or making any other dietary changes. Discontinue use if allergic reactions occur.

Top 10 Reasons to Try IsaDelight™!

10. They're delicious.
9. Dark chocolate has antioxidants that help fight free radicals.
8. They're filled with "feel-good" nutrients.
7. You may feel more energetic.
6. You could feel emotionally satisfied.
5. They help curb cravings for hours.*
4. You can eat them on Cleanse Days and you won't be cheating!
3. Only 40 calories per serving.
2. They're the "Happy Chocolates that Satisfy™".
1. You deserve it!

